



New Members
 Member's Party
 Scholarships
 Member News
 Feature on Health
 Portsmouth's
 Economic Future

The Portsmouth
 Business Association
 P.O. Box 314
 Portsmouth, RI 02871

One Man's
Trash
 is another's
Treasure

Bill Clark – Town of Portsmouth

The Town Recycling Committee is considering recommending to the Town Council a provision to allow Portsmouth businesses to bring their recyclables to the Portsmouth transfer station. As you know, commercial entities are not allowed to use the transfer station for trash or recycling. The exception to allow only recyclables is looked at as a possible cost saving for a business and at the same time improving the Town's recycling percentages which (depending on other trash tonnage figures) may save the Town some dumping fees at the State landfill. The matter is being studied.

*What do you think?
 Would it be of interest?
 Can it be beneficial?*



Why should you be a part of the PBA

By Linda Silveira, President, The Portsmouth Business Association

The Portsmouth Business Association is the best value in town. For less than the "Town Dump sticker", you can be a member of the only Business Association in Town. The PBA is not a Chamber of Commerce; it's a Business Association with a 9 member all-volunteer executive board here to help our Portsmouth companies have a voice. We all know what must be done to insure that we maintain what we have in our town and how to keep it going.

Doing business with each other is the first step! Using the directory to find a business to work with to sell to, to partner with, or service something - keeps us strong.

When the state or town attempts to introduce more restrictions on our business, The PBA as a unified voice of 100 members can debate the issue and represent the business population.

Becoming a member of the PBA is simple. Get involved today to make recommendations for our town and business community.

Let us know what issues your business is facing.

Encouraging other Portsmouth business to join the PBA will make us stronger.

Call Linda Silveira at 683-0725 for further details.



Portsmouth New Member Profile: Portsmouth Imaging Center

June 16th marked the one-year anniversary of the opening of the Portsmouth Imaging Center, the diagnostic imaging facility opened by Newport Hospital to serve residents of the northern area of Newport County. The Portsmouth Imaging Center is located at 69 Turnpike Avenue, across the parking lot from Aquidneck Medical Associates and next to the Portsmouth Library.



“We have equipped the Portsmouth Imaging Center with the same hospital-quality technology that we have in the hospital itself,” says Arthur J. Sampson, president and CEO of Newport Hospital. “We understand the importance of bringing these high-quality, accurate diagnostic tools to patients who live or work in Portsmouth and surrounding areas.”

The new center features state-of-the-art medical equipment including:

- 1.5 Tesla open-ended MRI • 16-slice CT scanner
- Digital mammography • Ultrasound • X-Ray

The Portsmouth Imaging Center is staffed by Newport Hospital radiologists, all of whom are board-certified, and Newport Hospital medical imaging technologists who are specially trained to perform the examinations of each modality.

For more information, or to make an appointment at the Portsmouth Imaging Center, please call 401-683-7410.

Community:

Scholarship given to two Portsmouth Students

Britny DeLuca and Matthew Murphy, graduates of Portsmouth High School, each received a \$500 scholarship from the Portsmouth Business Association at the annual meeting on June 18th.

Britney and Matthew are planning to attend college in the fall, majoring in business. Scholarships were awarded based on the students' interest in pursuing a career in business, their academic performance, community service, and a personal essay.



Members:

Annual Dinner at Green Valley

Approximately 80 members attended the PBA annual meeting and dinner at Green Valley Country Club on Thursday, June 18th. Following a delicious dinner and short business meeting, plaques were presented to the members of the PEDC whose efforts created the wind turbine. As guest speaker, Dr. Susan Lusi, Superintendent of schools, discussed partnership opportunities for Portsmouth High School and businesses. Charlie Hall entertained everyone with his "RI 101" presentation.



Portsmouth businesses & people



NewportFed

NewportFed opened for business in 1888 and now in 2009 has opened the doors of its new office located at the corner of East Main Road and School House Lane in Portsmouth. The two-story stone and shingle building is a full service branch that features 15 full time employees, three drive-thru lanes, and a drive-thru ATM. The bank's Operations Department is also located on the second floor of the new location.

"We are thrilled that the vision of our new Portsmouth branch has come to fruition," said Kevin McCarthy, President & CEO of NewportFed. "Our Portsmouth customers have asked for a branch in their community for years, and the timing finally made sense from the bank's perspective. The response has been tremendous. At the ribbon cutting, people kept complimenting us on the appearance of the building and thanked us for opening a location that is so convenient to their home or business. It was a great reminder of the important role and personal relationship we have with our customers".

McCarthy said that he was particularly proud that the building's final design tastefully reflects the look, feel and history of the community. The finished product, he added, is a credit both to architect Peter Gutting of the firm Strategic DesignWorks, who provided the vision, and local contractor Behan Brothers Inc. who executed the plans.

NewportFed has been meeting the savings and borrowing needs of our local community for many, many years and now is a \$450 million federally chartered publicly owned bank with 5 branch locations in Rhode Island; Newport, Middletown, Portsmouth, Wakefield, and Westerly and another new location opening in Stonington, Connecticut in the next few weeks.

Dr. James Cavanaugh, DMD



Dr. James Cavanaugh purchased the dental practice of Dr. Gabriel Wassouf in November 2008. Dr. Cavanaugh received his dental degree from Boston University and has an Advanced Education in General Dentistry certificate from Wright Patterson Hospital in Dayton, Ohio. After serving in the United States Air Force as Officer in Charge Flight Dentistry at Grand Forks Air Force Base in Grand Forks, North Dakota, Dr. Cavanaugh

relocated back to New England. Prior to his relocation to Portsmouth, Dr. Cavanaugh was an associate dentist.

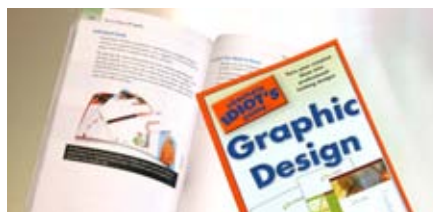
Dr. Cavanaugh is committed to educating himself and his staff on the newest dental techniques, offering advanced, state-of-the-art, comfortable, and personalized dental care. In his continuing education, he has completed advanced courses in Cosmetic Dentistry, Dental Implants, Modern Orthodontics, Endodontics, and Invisalign Certification.

He is an active member of the American Dental Association, American Academy of General Dentistry, American Academy of Sports Dentistry, Rhode Island Dental Society and the Newport District Dental Society.

Jim is a native of New England, raised in Needham, Massachusetts. His wife Christine Bounds was raised in Portsmouth. They have two young children, Matthew 4 and Margaret, one.

Roskelly, Inc.

Roskelly Inc. featured in Design book for outstanding thinking

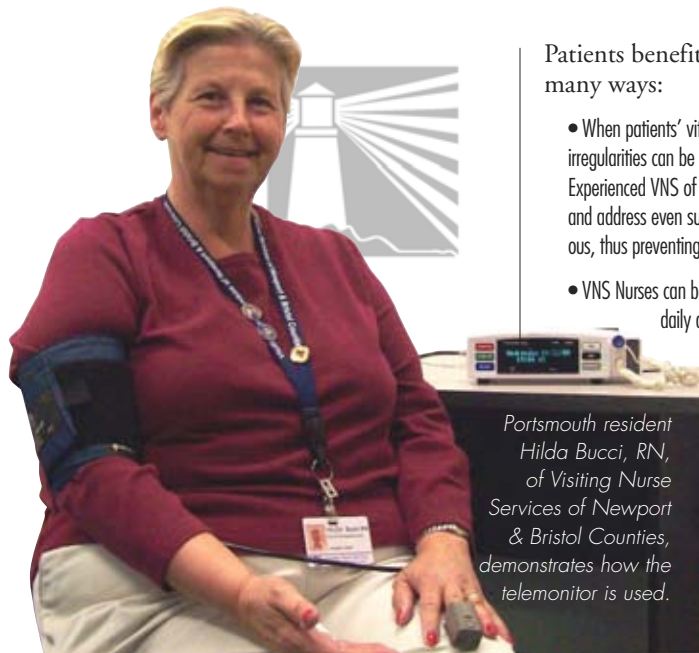


The book "Complete Idiot's Guide for Graphic Design" featured Roskelly's work on the nyne catalog for outstanding creative thinking and innovative design.

Marjorie Crum stated just because you have many products to display doesn't mean you have to present them in a standard square book – individual cards connected by a grommet works equally well.

To view more or the award winning work visit www.Roskelly.com We will work with all Portsmouth Business Association Member's to help make our community a stronger place to live and work.

Thank you to Tom for putting together the PBA Newsletter



Portsmouth resident Hilda Bucci, RN, of Visiting Nurse Services of Newport & Bristol Counties, demonstrates how the telemonitor is used.

Patients benefit from tele-monitoring in many ways:

- When patients' vital signs are taken on a daily basis, irregularities can be caught before becoming full-fledged problems. Experienced VNS of Newport & Bristol Counties' nurses can detect and address even subtle abnormalities before they become serious, thus preventing emergency room visits and hospitalizations.
- VNS Nurses can be sent to patients' homes and, based on the daily data, work directly with the patient's doctor to adjust medications and diets.
- Patients get immediate feedback from the monitor. They become more aware of their health condition and understand the effects of diet, activity and other factors on their health.
- Patients and family members feel more secure and confident when a telehealth system is in the home.

Telehealth Helps Patients Manage their Disease at home

Many Rhode Islanders, including people in Newport and Bristol Counties, suffer from chronic illnesses such as congestive heart failure, chronic obstructive pulmonary disease, hypertension and other conditions. Fortunately they can help manage their disease with a telehealth system provided by Visiting Nurse Services of Newport and Bristol Counties.

The telehealth system consists of an in-home monitor about the size of a clock radio that collects a variety of vital signs such as heart rate, blood pressure, oxygen saturation, temperature and weight in just a few minutes. Patient vital signs are checked daily and transmitted electronically to registered nurses at Visiting Nurse Services (VNS) of Newport & Bristol Counties who monitor the information seven days a week. Patients' physicians are updated at least once a week - more often if a patient's condition dictates frequent communication.

The monitor uses text or voice prompts to guide patients through a series of questions that allow VNS of Newport & Bristol Counties' nurses to receive a thorough health assessment on a daily basis. Each person's monitoring system is individually programmed according to conditions set by their doctors.

This interactive system does not replace visiting nurses. Instead it supplements their care by allowing a patient to have daily communication with a telehealth nurse who knows the patient's health history.

National studies show that both patients and family members find peace of mind

by having a telehealth system in the home.

One local patient's experience demonstrates the benefits of daily telehealth monitoring. The patient has severe hypertension which is a common chronic disease. Before using VNS of Newport & Bristol Counties' telehealth system, he was constantly anxious about his blood pressure. Now, with his blood pressure and vital signs being monitored every day, he feels more in control of his disease. The education provided through the telemonitoring staff and the clinical staff in his home has taught him the importance of disease self management and the types of activities and food that are good for him.

The tele-monitoring system can also gather information on patients' general wellness levels. At the end of the vital sign collection process, patients are asked a variety of questions. The questions allow VNS of Newport & Bristol Counties nurses to further customize the system for each patient, based on his or her diagnosis.

Physicians who feel that a patient's health condition will benefit from daily monitoring can order a telehealth system. For patients who are on VNS of Newport & Bristol Counties' skilled service, there is no charge for the system. Patients who have stabilized and want to continue having the monitor may lease the system for a nominal fee.

For more information about Visiting Nurse Services of Newport & Bristol Counties' telehealth system, please contact Sue Dugan, RN, MA, Manager, at 682-2100, ext. 635.

Can We Close The GAP?

On Saturday March 21, 2009, the Portsmouth Economic Development Committee (PEDC) conducted a "Planning for Portsmouth's Economic Future" workshop. The day-long workshop, held at the Portsmouth Abbey School, was attended by over 60 participants who represented a broad cross section of the Town's population and businesses. The workshop was fully endorsed by the Town Council; however, due to budget constraints they were unable to provide needed funds to support the activity. An outreach to businesses in Portsmouth proved very successful and the professionally-moderated workshop was funded entirely with local donations and the cooperation of the Portsmouth Abbey School and Benedictine Monks.

During the annual PEDC report to the Council in Dec. 2008, it was identified that the Town is facing an ever increasing budget gap between expenses and revenue. The purpose of the workshop was to examine the strengths, weaknesses, opportunities and threats related to the Town's economic well being and to develop priorities and potential actions to help facilitate a balanced budget in the long run.

The workshop was facilitated by Phil Loscoe from RDW Group in Providence who was contracted by the PEDC to ensure an independent and balanced discussion of issues. In two, three hour sessions with a break for a provided lunch, the groups brainstormed and debated issues that might affect Portsmouth's economic well being. The workshop allowed for an open Town forum where citizens could voice their views on the things that drive the town's economy, provide their views and suggest solutions to maintain the Town's character while balancing the budget.

At the end of the workshop the walls of the room were filled with large newsprint pages that documented all the issues and ideas that were debated. The PEDC is recapping all the information and boiling it down to a summary that can be used to develop an economic plan of action and milestones that will provide actionable items that the Town can pursue to put it on the path to economic prosperity.

In addition to the workshop, the PEDC conducted an economic survey via a link on the Town website asking for input of the Town's citizens and businesses who did not participate in the workshop.

In preparation for the next workshop on budget priorities, there is a new online survey on the budget process. Go to the Town web page, www.portsmouthri.com and then select the link or follow this link www.portsmouthrienergy.com/pedc. Please take the time to participate. Maximum input is needed. Any questions, please call Bill Clark, 643-0382.